

## There will be work placements at:

- SICK Festival
- The Royal Exchange
- Bolton Museum and Library Service
- HOME Manchester
- Neo Artist Gallery
- Saint Georges Day Centre
- Platform 5 gallery will also be offering participants the opportunities to put on events, workshops and exhibitions
- Breakdown Bolton- workshop opportunities and artist film commissions



## How to get involved:



### Informational Zooms:

July 21st, 2-3 pm

July 27th 11-12 am

Meet and greet on Victoria Square, Bolton:

August 15th, 1-2:30 pm

Can't make any of these? No problem, just get in touch.

[www.breakdownbolton.com](http://www.breakdownbolton.com)  
[bbgetinvolved@outlook.com](mailto:bbgetinvolved@outlook.com)

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@BreakdownBolton

## Breakdown Bolton

Challenging stigma, internalised and societal, through creative arts.



## Breaking Down Barriers and Building Belief



**European Union**

European  
Social Fund

The European is Social Fund is committed to creating more and better jobs and a socially inclusive society.



Subject to change due to Covid 19

## Breakdown Bolton

Challenging stigma, internalised and societal, through creative arts.

We are a peer led organisation run by people with lived experience of mental health problems, founded in 2016, working in and around the Bolton area.

We aim to break down the stigma, barriers and prejudice faced by certain groups, particularly those with mental health and substance misuse issues, through high quality art projects.

We work in and are highly skilled in a wide variety of mediums including, but not limited to, visual arts, sculpture, textiles, creative writing, drama, photography, and woodwork.

We run these projects through peer led arts workshops and they usually culminate in an exhibition to celebrate achievement at Breakdown Bolton.

We are now branching out beyond arts to help those with experience of mental health and substance misuse problems face issues such as getting back into employment and education head on such as through this project funded by the European Social Fund.

## What's On Offer?

Taster Workshops

8 Week Joinery Course  
at Bolton College

Cultural Trips

Volunteer  
Opportunities

Exhibitions

Back Stage Tours

Work Experience

Artist Training

Career Development



This project is kindly funded by the European Social Fund which aims to break down barriers to employment and education, by offering training opportunities through innovative work placements.

We have designed a unique programme for the ESF funding with a tailor made plan for participants linking each person with a variety of outside Arts Organisations in Bolton and in Manchester.

We are also going to be hosting a mental health conference and art and spoken word exhibition.



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